# EPEC EDITOR - A MONTHLY NEWSLETTER

Eastern Passage Education Centre - Home of the Phoenix!



## From Administration!



Just a reminder to families that morning and afternoon bell times are as follows:

First Bell: 9:10 AM

Dismissal: 3:10 PM

Students should not be arriving to school prior to <u>8:50 AM</u> as there is no supervision until this time. Dismissal is at 3:10 PM and students should not be on the school grounds after the busses have left unless they are engaged in extra-curricular activities.

Thank you for your support.

# **What's Happening at EPEC**



**PHOENIX NEWS** 

This is where you will find out what's happening at EPEC

We have a new EPEC Athletics Calendar added to our website which is currently **under** construction.

This will give you information on tryouts, practices and games for all sports at EPEC!

Below is the link that will take you to the calendar.

https://calendar.online/37b0c1fc9646f9404ac7

# **Important Dates in April**



**Important HRCE Dates** 

- April 3: Elem/Middle/Jr High Progress Conferences/Teacher Professional Practice Day & High School Professional Development No classes PP-12
- April 18: Good Friday No classes PP-12
- April 21: Easter Monday No classes PP-12
- April 30: Elem/Middle/Jr High Professional Development & High School Progress Conferences/ Teacher Professional Practice Day – No classes PP-12



## **Other Important Dates in April**

April 2: World Autism Awareness Day

April 20: EasterApril 22: Earth Day

April 23: Administrative Professionals Day
April 27 to May 3: National Volunteer Week



## **World Autism Awareness Day**

Recognizing and celebrating World Autism Awareness Day in our schools fosters inclusion, understanding, and support for those with autism spectrum disorder (ASD).

On April 2 and every day, we strive to raise autism awareness among peers and educators, celebrate accomplishments and promote acceptance for those with ASD.

Join us in creating a positive community where all students can thrive and learn about each other's diverse experiences.



# The best way to prevent measles is vaccination.

Find out more about measles

vaccination: www.nshealth.ca/measles.

## Measles prevention in Nova Scotia

We are sharing the following on behalf of Nova Scotia Public Health:

Measles cases are rising in Canada. Measles is a virus that spreads easily and can cause serious complications.

#### The best way to prevent measles is vaccination.

Nova Scotia offers free vaccines to eligible people. These can be given by primary care providers, pharmacists and Public Health.

Parents are encouraged to check their family's vaccine records and get the measles vaccine if missing doses. Check your vaccine records at

vaxrecordns.nshealth.ca.

#### Who should get vaccinated?

Anyone born in or after 1970 should get **two doses** of vaccine, typically given at 12 and 18 months. If missed, children and adults can catch up for free.

Adults born before 1970 are generally considered immune but can get a single dose if travelling.

Infants 6-12 months old can get a single dose if travelling but still require two doses after their first birthday to complete the series.

Find out more about measles vaccination: www.nshealth.ca/measles.



## Supporting Literacy at Home

Did you know? Teachers use the <u>Six Pillars of Effective Reading Instruction(Français</u>) to support students' learning.

## **Supporting Literacy at home**

Did you know? Teachers use the <u>Six Pillars of Effective Reading Instruction</u> (*Français*) to support students' learning.

Reading is best learned when children get clear and structured support in key skills: listening, recognizing sounds in words, learning letter sounds, building vocabulary, reading smoothly and understanding what they read. These skills work together and when you strengthen one, it helps improve the others.

Good reading instruction includes learning how letters and words work and practicing reading in books. The goal is for children to understand what they read, enjoy reading and learn new things from books.

The links below may help you support your children with reading at home:

Ideas for parents to help children to practice their reading and writing skills

10 Ideas to Raise A Reader



## Check out our online store for all your Phoenix Spiritwear!

## **EPEC Phoenix SpiritWear**

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Home of the Phoenix!

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