

Who Are We?

SchoolsPlus is a confidential, free service available in every school in Nova Scotia! Our goal is to build positive relationships between families, schools, and communities. We can help students with what they need to succeed – from home, to school, and back again! Our team can help with things such as what is listed below, and more:

Connecting to Resources & Supports



Help finding and applying for recreation programs



Help navigating various tutoring supports



Help accessing food banks or other food supports



Help navigating health & mental health services



Help filling out applications & paperwork



Help with transportation to appointments



Meeting with families at home to discuss supports



Accompanying families to important appointments

Group Programming

Our staff can offer group programming for students as well as for parents/guardians. This includes lunch time and after school programs, as well as some full-class presentations. Some examples of past programming include: parent coffee hours, social skills groups, healthy relationships programs, and more!

Managing Complex Situations

Sometimes students and families are already connected to many services, but still need help managing it all. Our Assistant Leaders can offer case management support to help make sure everyone involved is communicating clearly and families are receiving the best support possible!

How Do I Get Referred?

School Referrals	Principals, Vice Principals, or School Counsellors can submit referrals after discussing SchoolsPlus with a student or family.
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Community Referrals	Staff from various community organizations (such as IWK, Community Services, a Family Centre, etc.) can make referrals by contacting the Assistant Leader.
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Self Referrals	Families and students can refer themselves by contacting the Assistant Leader for their school.
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Our Team

The Eastern Passage Family of Schools is served by 1 Assistant Leader (AL) and 2 Community Outreach Workers (SPCOW). Not sure if we can help? Contact the Assistant Leader for your school to find out!

<p>Assistant Leader: Sarah Morris</p> <p>(902) 399-8321 Sarah.morris@hrce.ca</p>	<p>SPCOW Samantha Galvin</p>	Ocean View Elementary
		Horizon Elementary
		Seaside Elementary
	<p>SPCOW Lynne McKenzie</p>	Eastern Passage Education Centre
		Island View High